



1072 Troy Schenectady Rd. Latham, NY 12110

FAT TRANSFER POST-OPERATIVE INSTRUCTIONS

1. Some swelling and bruising is normal after lipotransfer. It can last anywhere from 2 weeks to months ~EVERY patient is different. Therefore, cold compress can be applied up to 72 hours. Then after 72 hrs you can alternate between warm moist and cool compresses if needed.
2. You will have one small incision either just under your umbilicus or inner or outer thighs. The stitches at this site are absorbable and do not require removal. You may clean the incisions with dilute peroxide and apply antibiotic ointment to the sites twice a day for the first post-operative week. You may shower 48 hrs. after your procedure. (Unless otherwise instructed). If steri-strips are applied, leave in place till they fall off.
3. Ace wraps are placed to provide support during the healing process. If wrap becomes loose, you can re-wrap. If needed, you can continue to wear the wrap to minimize swelling. You can remove these wraps in 3 days.
4. **Sample of Triple Action**- Please use a small amount on your upper cheek area, at night for 2 weeks prior to surgery then **stop**.

Resume Triple Action 1 week after surgery, at your follow-up visit, unless instructed otherwise.

You need to stop the Triple Action 1 week prior to having any resurfacing ie; Chemical peel - C02 Laser – Dermabrasion or instructed by the MD to do so.

Don't take any chances if you are concerned about anything please call **518-786-7000**

We greatly appreciate the confidence you have shown in us by allowing us to assist you in improving your appearance and health, and you may be assured of our best efforts to achieve the most satisfactory surgical result possible for your particular individual anatomy and condition.

Edwin F. Williams III M.D., F.A.C.S